

10/21/2020

Symbiosis College of Nursing Mail - Community activity-Reg



Jasneet kaur <jasneetkaur@scon.edu.in>

Community activity-Reg

1 message

Dr. Sharadha Ramesh <director@scon.edu.in>
To: sconstaff <sconstaff@scon.edu.in>

Sat, Oct 17, 2020 at 4:37 PM

Dear All,

Medical Surgical Nursing and Community Health Nursing Departments are organising two Community extension activities on hand hygiene and Respiratory etiquettes on 22 Oct 2020.

PFA the brochure for the event.

BSc 1st Year, MSc 1st Year and PBBSc 1st Year student class coordinators should motivate the students to bring at least 3 relatives for these programs .

This will be online through zoom.

The students who will bring maximum participants will get **smart volunteer certificate**

Also there is poster competition on the topic Prevention of infection .

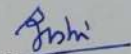
The students need to prepare a cartoon depicting a message on prevention of infection and same to be submitted by 21 Oct to the concerned person.

All first year teachers should motivate the students to participate along with the relatives

PFA the brochure and portfolio for the event

Dr. Sharadha Ramesh
Director,
Symbiosis College of Nursing,
Symbiosis International (Deemed University)
Pune

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Celebrating 50 Years of Excellence

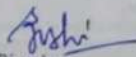
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2 attachments

 Portfolio (1).docx
13K

 Banner MSN (1).pdf
1176K

INTERNATIONAL
INFECTION PREVENTION WEEK


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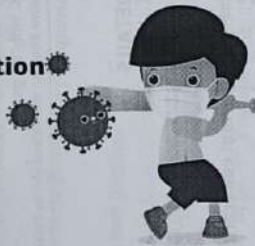


SYMBIOSIS COLLEGE OF NURSING
Celebrates

**INTERNATIONAL
INFECTION PREVENTION WEEK**

October 16-22, 2020

**Humorous
Poster Competition**



Date: October 22, 2020
Time: 11:00AM to 12:00PM

"Respiratory Etiquette: an Important Cultural Change"

Sushma
Director

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SYMBIOSIS COLLEGE OF NURSING
Symbiosis International (Deemed University)

(Established under section 3 of the UGC Act, 1956 vide notification No.F.9-12/2001-U3 Government of India)

Re-Accredited by NAAC with 'A' grade

Founder: Prof. Dr. S. B. Mujumdar, M.Sc.,P.h.D.(Awarded Padma Bhushan and Padma Shri by President of India)

PROGRAM DETAILS

Activity	=	Respiratory Etiquettes- An important cultural change
Date	=	22 Oct 2020
Day	=	Thursday
Time	=	11.15 AM- 11.55 AM
Venue	=	Symbiosis College of Nursing
Mode	=	Online via zoom
Batch Involved	=	BSc (N) 1 st Year, MSc 1 st Year
No. of Students	=	45
Faculty:	=	Dr. Sharadha Ramesh Dr. S G Joshi Ms. Jasneet Kaur Ms. Ranjana Chavan Mr. Mangesh Jabade


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SYMBIOSIS COLLEGE OF NURSING
REPORT OF THE ACTIVITY

Title: Awareness on Respiratory etiquettes

Venue: Zoom web platform

Date: Oct 22, 2020

Batch involved: M.Sc. 1st Year and B.Sc. 1st Year

Faculty: Dr Sharadha Ramesh

Dr S G Joshi

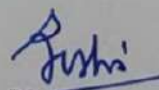
Ms Jasneet Kaur

Ms Ranjana Chavan

Mr Mangesh Jabade

SCON has taken the initiative to aware the community regarding one of the biggest need of the hour. 40 students from SCON has taken the lead in this program where they gather the relatives, friends and other community people for the awareness. With COVID-19 spreading to more than 145 countries now, people all over the world are trying their best to protect themselves from the infection. Be it wearing masks, using sanitizers or washing hands, but the best way to keep the virus at bay is by practicing respiratory hygiene. As COVID-19 spreads from the transmission of infectious droplets from one person to another, it is important to cut the source of spreading itself.

Here are a few ways by which you can practice respiratory hygiene and avoid spreading the infection, in case you are sick-


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Cover your mouth

Always cover your mouth while you sneeze or cough. The best way to cough or sneeze is by covering your mouth with your bent elbow. Avoid using a handkerchief as it becomes a place for breeding bacteria and virus. COVID-19 spreads through droplets and thus, it is the best to cover your nose and mouth whenever you sneeze or cough.

Use tissues

Always carry some tissues with you whenever you head out. Sneeze or cough in the tissue and dispose it off at a safe place. Using tissues is a better option than handkerchiefs, as tissues can be used and thrown, thus preventing the bacteria/virus to spread.

After throwing away used tissues, you must always wash your hands with soap or use a sanitizer to wash away any dirt or germs.

Maintain distance

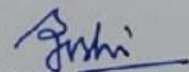
whenever someone cough or sneezes, a few droplets escapes their mouth or nose which might contain the virus. If you are standing close to that person, you might contract the virus as the droplets might fall on you, making you sick later.

The best way to avoid this situation is to maintain a distance of at least 1 meter from anyone in a crowded place. If you are suffering from cough or cold, you must wear a mask in order to avoid spreading it.

Avoid touching mouth and nose

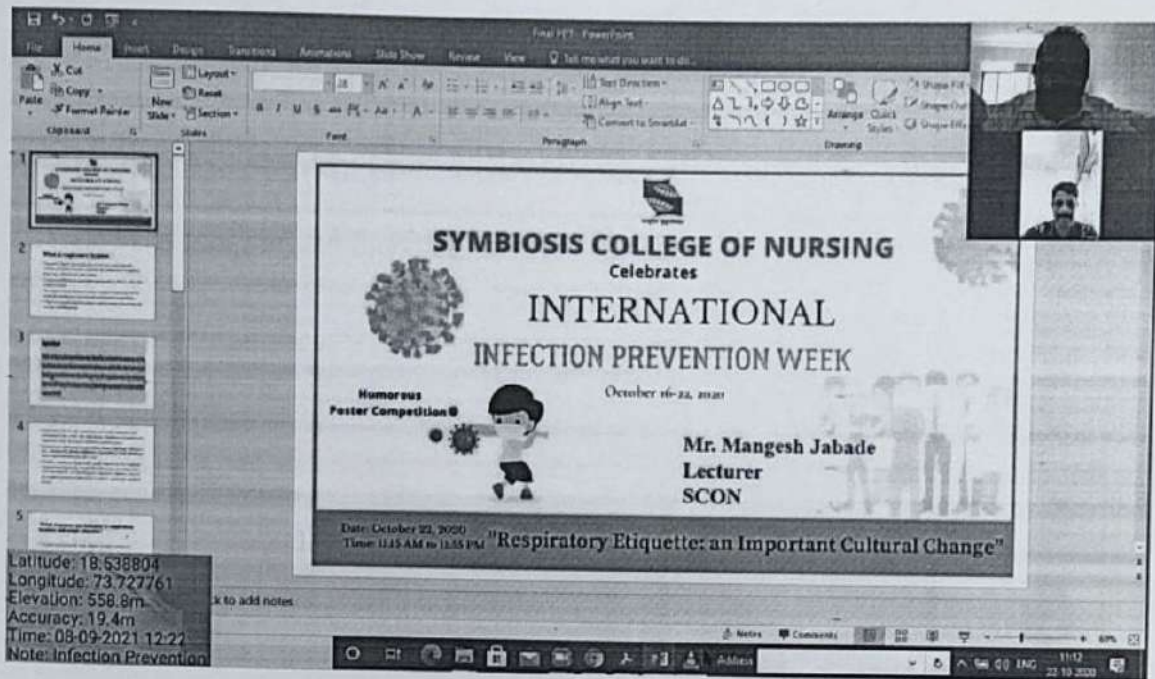
Our hands touch a number of surfaces throughout the day. We unknowingly touch our face, rub our eyes and touch our nose with those dirty hands. These three openings are the easiest way for the virus to enter your body.

In order to protect yourself from COVID-19, you should consciously avoid touching your mouth, nose or eyes. Wash your hands at regular intervals throughout the day.

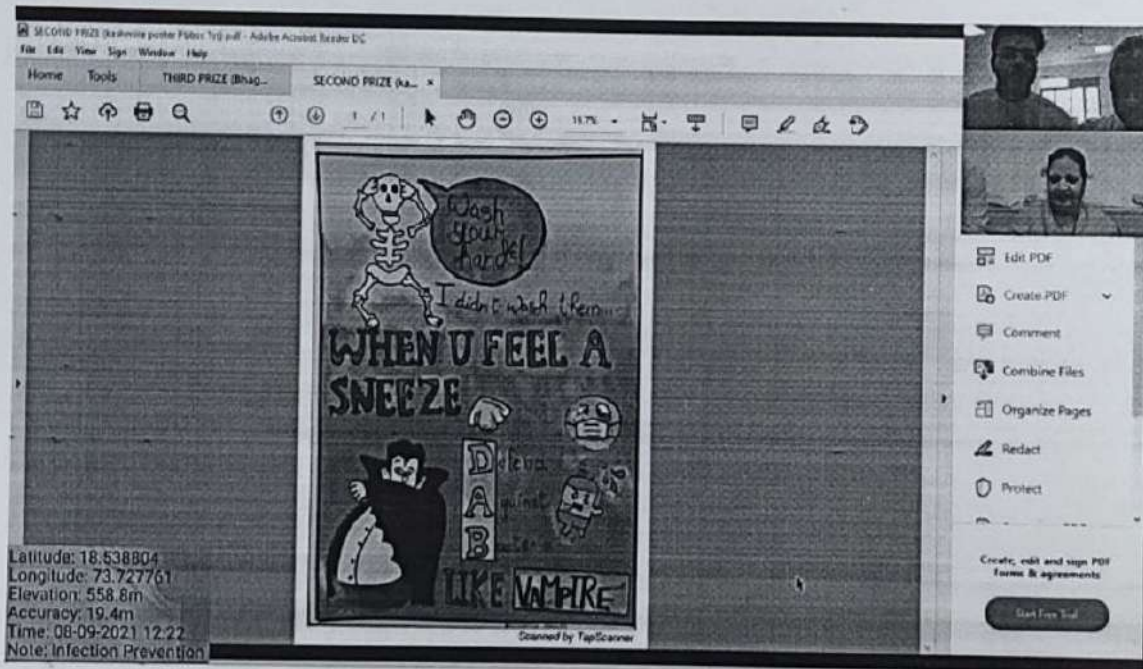


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Faculty Imparted Awareness on Respiratory etiquette



Director SCON, providing awareness on how to sneeze

Gushi
 Director

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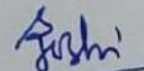
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ATTENDANCE

RESPIRATORY ETTIQUETTES

DATE: 22/10/2020

SR NO	NAME	ATTENDANCE
1.	PATEL SHREY JITENDRABHAI	P
2.	RAVICHANDRA BZORE	P
3.	PRIYANKA LAXMAN KONADE	P
4.	RINTU SARA RAJI	P
5.	DILI KRISHNA	P
6.	ANCY SARA ABRAHAM	P
7.	SIDDHESH CHANDRAKANT PATIL	P
8.	STAICY BETHESDA SHAJI	P
9.	MERLIN ANNA REJI	P
10.	RUBEN SAM	P
11.	SHALOM MARIYAM JOSE	P
12.	SHAIKH NILOPHAR GAPHURBHAI	P
13.	RUKSHA KHATUN	P
14.	PAYAL HANIF ATTAR	P
15.	MARUF RAFIQUE AHMED DARJI	P
16.	POOJA ARJUN RATHORE	P
17.	RAJPUT PRATIKSHA PRAKASH	P
18.	ROSHANI SUSAN RAJU LADKAT	P
19.	GAIKWAD GAURAV NIRMALKUMAR	P
20.	SUMANA DAS	P
21.	TERESA SARA	P
22.	GHULE KOMAL SHIVAJI	P
23.	ARDADE KOMAL VASANTRAO	P
24.	BHAGYASHRI ASHOK SHINGOTE	P
25.	RIYA SINGH	P



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26.	AMOL SHIVAJI KEDAR	P
27.	GRACE V PRABHA	P
28.	YADAV PRATHMESH RAMSAJEEVAN	P
29.	KAJAL GANPATI MANE	P
30.	MAKNE VIDHYADHAR PADMAKAR	P
31.	AYUSHI SINGH	P
32.	BANKAR MAHIMA SHOUL	P
33.	GAYKAR JAYESH MAHADEV	P
34.	KEKAL KENNETH VINITKUMAR	P
35.	JADHAV SHWETA NARAYAN	P
36.	VISHAL DANIEL ADBALE	P
37.	DHANYA R	P
38.	MESHARAM JAGRUTI DEEPAK	P
39.	KANCHAN ADHIKARI	P
40.	RIA RICHA BENTINCK	P

Incharge:- Subhadra
(Pranavesh Jabade)

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